

Seniors' Community Friendship Club



A new monthly social club with you in mind.

Sessions will span a wide variety of interests including exciting talks, drawing, singing, gentle exercise or just enjoying the company of others.

Each month we will do something different with a welcome cup of tea, and an unhealthy slice of cake!

And we are just on your doorstep in High Newton.

Every Month
at High Newton Village Hall
10 am – 12.30pm

For more information contact Tricia

TELEPHONE **07949 140108**

EMAIL **tcalway@me.com**

Programme of events

5 DECEMBER 2018

FREE Xmas Party and carols

Jeni Gray and family with songs from Lindale Primary School.

9 JANUARY 2019

Fun, Music and Readings with the odd poem

Very talented villagers.

17 APRIL 2019

Friendly Sing a Long

Your favourite tunes, by our Jeni.

20 FEBRUARY 2019

Sit Stretch and Smile

Tracy Fielding at her best.

15 MAY 2019

An interesting visit to Columbia'

South America at its best with Cate Davis.

20 MARCH 2019

Out of my depth

Single handed crossing of the Atlantic in 40 days with Tim Luke

26 JUNE 2019

'Anyone can draw'

with Valerie Wood our special Lakeland artist



The Club is run by local volunteers and is a non-profit making body.

Monthly sessions will cost £1.50 to cover room hire and refreshments.

Transport can be provided by arrangement.